

“They make our concerns
their concerns.”

- *Parent of child
receiving services*

About LSI

Established in 1864, LSI is one of Iowa's largest human services agencies and impacts tens of thousands of Iowans annually through child abuse prevention, services for families and youth in crisis, services for people with disabilities and refugee services. LSI is nationally accredited and serves people of all ages, genders, nationalities, religions, ethnicities and sexual orientations.

- Mental health care
- Parenting education
- Disability services
- Child abuse prevention
- Foster care and adoption
- Child welfare
- Behavioral health

LSI Des Moines Campus

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www.LSIowa.org
www.facebook.com/LSI.iowa
www.twitter.com/LSIowa



Human Services

Making your community stronger.



people focused • results driven

Des Moines Services

Services for People with Disabilities

In both the home and community, we help people with disabilities build life skills for independence, such as cooking, budgeting and social interaction. Our trained respite care providers offer relief for family caregivers.

- Helps people live with dignity on their own, rather than in a state facility
- Supports people in achieving their goals

Adoption and Foster Care

As a partner agency of Iowa KidsNet, LSI helps find and support safe foster and adoptive (from foster care) homes for Iowa children.

- Creates permanency for children through reunification or adoption

Therapy and Behavioral Health Intervention

LSI's licensed therapists provide a range of therapy and counseling services that can include play therapy for children and therapy for adults and teens.

If a child has a behavioral or mental health diagnosis and receives Medicaid Title 19, our behavioral health services can help him or her build skills such as anger management, positive decision-making and coping.

- Helps build skills to prevent future crisis
- Helps find positive success at home, school and in the community
- Helps build better relationships

Referrals for therapy and Behavioral Health Intervention are made by calling **888-457-4692**.

Making central
Iowa *stronger*.



Parent Education and Support

Our in-home visitation programs help parents of children ages four and under build on their strengths and learn strategies for parenting in areas such as positive discipline, parent-child interaction, and healthy development.

- Helps track and address child development and delays
- Helps parents become stronger parents

First Circle Friends

This group respite program provides renewal, friendship and support for people with memory loss and their family caregivers.

- Engages participants in cognitively stimulating activities
- Gives caregivers a break from the daily demands of caregiving

Refugee Community Services

LSI provides services to people of refugee status to help them adapt and thrive in their new home. Programs include elder outreach, intensive work readiness courses, English as a Second Language classes, child care development, Global Greens agriculture programs and resource connections with refugee community representatives.

- Helps individuals overcome barriers to self-sufficiency
- Empowers refugee families for success at home, in the community and on the job